

Course Guide

NG NEBOSH National General Certificate In Occupational Health & Safety



Course Guide:

NEBOSH National General Certificate (NG)

The NEBOSH National General Certificate will give you invaluable knowledge and skills and a globally respected qualification that supports your current role and your long-term career. The qualification is:

- Relevant to every workplace
- Ideal for managers, supervisors, or anybody with any health and safety management responsibilities
- Perfect for those embarking on a health and safety career

Learning outcomes

By the end of your NG course, you'll be able to:

- Justify the need for health and safety improvements
- Advise on duties under the main pieces of health and safety legislation
- Help your organisation to manage contractors
- Work within a health and safety management system
- Positively influence health and safety culture and behaviour
- Carry out a general risk assessment (using a 5-step approach) of your workplace
- Recognise workplace changes and their impacts, and understand how to minimise these impacts
- Develop basic safe systems of work that include emergency arrangements and know when to use a permit-to-work system
- Take part in incident investigations
- Help your employer check the effectiveness of their health and safety management system through monitoring, auditing and review.

Course Syllabus

Unit NG1:

Element 1: Why we should manage workplace health and safety

- 1.1: Morals and money
- 1.2: The force of the law – punishment and compensation
- 1.3: The most important legal duties for employers and workers
- 1.4: Managing contractors effectively

Element 2: How health and safety management systems work and what they look like

- 2.1: What they are and the benefits they bring
- 2.2: What good health and safety management systems look like

Element 3: Managing risk – understanding people and processes

- 3.1: Health and safety culture
- 3.2: Improving health and safety culture
- 3.3: How human factors influence behaviour
- 3.4: Assessing risk
- 3.5: Management of change
- 3.6: Safe systems of work
- 3.7: Permit-to-work systems
- 3.8: Emergency procedures

Element 4: Health and safety monitoring and measuring

- 4.1: Active and reactive monitoring
- 4.2: Investigating incidents
- 4.3: Health and safety auditing
- 4.4: Review of health and safety performance

Element 5: Physical and psychological health.

- 5.1: Noise
- 5.2: Vibration
- 5.3: Radiation
- 5.4: Mental ill-health
- 5.5: Violence at work
- 5.6: Substance abuse at work

Element 6: Musculoskeletal health

- 6.1: Work-related upper limb disorders
- 6.2: Manual handling
- 6.3: Load-handling equipment

Element 7: Chemical and biological agents

- 7.1: Hazardous substances
- 7.2: Assessment of health risks
- 7.3: Control measures
- 7.4: Specific agents

Element 8: General workplace issues

- 8.1: Health, welfare and work environment
- 8.2: Working at height
- 8.3: Safe working in confined spaces
- 8.4: Lone working
- 8.5: Slips and trips
- 8.6: Safe movement of people and vehicles
- 8.7: Work-related driving

Element 9: Work equipment

- 9.1: General requirements
- 9.2: Hand-held tools
- 9.3: Machinery hazards
- 9.4: Control measures for machinery

Element 10: Fire

- 10.1: Fire principles
- 10.2: Preventing fire and fire spread
- 10.3: Fire alarms and fire-fighting
- 10.4: Fire evacuation

Element 11: Electricity

- 11.1: Hazards and risks
- 11.2: Control measures

Assessment

Unit NG1:

The NG1 is completed electronically and submitted through the NEBOSH exam portal. It is assessed with an Open Book Exam. You will be presented with a scenario describing a realistic workplace and situation. From this you will be asked to carry out a series of tasks using the scenario provided and your knowledge gained throughout your learning and revision, as well as completing a full risk assessment.

Unit NG2: Practical Risk Assessment

You will be provided with an NG2 template which is to be completed electronically and submitted to us where we will upload it to the NEBOSH exam portal.

